# SEPTEMBER 2020

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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</thead>
<tbody>
<tr>
<td><img src="image" alt="Census Storytime" /></td>
<td><img src="image" alt="NATIONAL SUICIDE PREVENTION AWARENESS MONTH" /></td>
<td><strong>Census Storytime</strong>&lt;br&gt;11am&lt;br&gt;<em>On MFSC Social Media</em></td>
<td><strong>Toiletry Bag Giveaway</strong>&lt;br&gt;4pm–6pm&lt;br&gt;Edison Farmers Market</td>
<td><strong>BICYCLE AND PEDESTRIAN SAFETY</strong>&lt;br&gt;4pm&lt;br&gt;Via Zoom</td>
<td><strong>Canvas Painting At Home</strong>&lt;br&gt;10AM&lt;br&gt;Via Zoom</td>
<td><strong>Office is closed</strong></td>
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<tr>
<td><img src="image" alt="Labor Day" /></td>
<td><img src="image" alt="READ BOOK DAY!" /></td>
<td><strong>COPING WITH STRESS (FOR KIDS)</strong>&lt;br&gt;WITH WELLSPRING&lt;br&gt;4PM&lt;br&gt;Via Zoom</td>
<td><strong>Toiletry Bag Giveaway</strong>&lt;br&gt;4pm–6pm&lt;br&gt;Edison Farmers Market</td>
<td><strong>Wellness Check-in Call:</strong> Rosmery (908)319-8251&lt;br&gt;3pm-5pm&lt;br&gt;Via Zoom</td>
<td><strong>Batman Trivia-Kahoot Game</strong>&lt;br&gt;8pm&lt;br&gt;Via Zoom</td>
<td><strong>Virtual Zumba With Sandy</strong>&lt;br&gt;2pm&lt;br&gt;On MFSC Social Media</td>
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<tr>
<td><img src="image" alt="Grandparents" /></td>
<td><img src="image" alt="Parent Advisory Board Meeting" /></td>
<td><strong>Parent Advisory Board Meeting</strong>&lt;br&gt;At 4PM&lt;br&gt;Via Zoom</td>
<td><strong>CAR MAINTENANCE (SPANISH)</strong>&lt;br&gt;At 1pm&lt;br&gt;On MFSC Social Media</td>
<td><strong>Teen Talk:</strong>&lt;br&gt;Suicide Prevention with Minding Your Mind and FSO&lt;br&gt;3-4pm&lt;br&gt;Via Zoom</td>
<td><strong>Talk Like a Pirate Day</strong>&lt;br&gt;September 19</td>
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</tbody>
</table>
| ![Floating Tables Expo](image) | ![MFSC Talent Show](image) | **MFSC Talent Show**<br>6:30PM<br>Via Zoom | **Veggie Burger Creations** | **Hispanic Heritage Month** | **National Cheeseburger Day** | **Find us on Social Media and the web!**
www.ccdom.org/mfscmiddlesex
https://www.facebook.com/MFSCMiddlesex/
https://twitter.com/MFSCMiddlesex
https://www.instagram.com/mfscmiddlesex/ |
| ![World Tourism Day](image) | ![International Day of Charity](image) | **International Day of Charity**<br>6pm-7pm with CCYC<br>Via ZOOM | **Men’s Club**<br>6pm-7pm with CCYC<br>Via ZOOM | **OUR CALENDAR | COLOR CODED:**<br>*Edison events are PURPLE<br>Sayreville events are PINK<br>Piscataway events are BLUE<br>East Brunswick events are RED<br>North Brunswick events are GREEN* | **OUR CALENDAR | COLOR CODED:**<br>*Edison events are PURPLE<br>Sayreville events are PINK<br>Piscataway events are BLUE<br>East Brunswick events are RED<br>North Brunswick events are GREEN* |
**DIY SERIES @HOME**

- **Tuesday, September 1st, 2020 at 11am**
  - CENSUS STORYTIME on MFSC Social Media
  - Join us for this fun and easy book, read by the Middlesex County Courts.

- **Friday, September 4th, 2020 at 10am**
  - CANVAS PAINT AT HOME on Zoom:
  - https://zoom.us/meeting/register/tJwqduprzgpG9mRM1tTSBKMKk
  - Pre-registration is required in order to receive activity materials.

- **Friday, September 11th, 2020 at 8pm**
  - BATMAN TRIVIA; KAHOOT GAME on Zoom:
  - https://zoom.us/meeting/register/tJYqde2hpzssE9QDD
  - Join us for this Batman trivia game and see how much you know about this iconic hero!

- **Tuesday, September 22nd, 2020 at 6:30pm**
  - MFSC TALENT SHOW on Zoom:
  - https://zoom.us/meeting/register/tJ0pc-urT8pG9mRM1tTSBKMKk
  - Join us to show your talents to the world during our first ever virtual talent show!

**MFSC COMMUNITY OUTREACH**

- **Wednesday, September 2nd, 2020 4pm-6pm**
  - TOILETRY BAG GIVEAWAY & Census Market Buck at Edison Farmers Market: 925 Amboy Ave., Edison, NJ
  - Stop by to receive your free toiletry bag with everything that you will need to stay healthy and safe during these hectic times. Receive a $5 dollar Census Market Buck by letting us know that you completed the 2020 Census.

- **Wednesday, September 9th, 2020 4pm—6pm**
  - TEEN TALK: SUICIDE PREVENTION AND ART on Zoom:
  - https://zoom.us/meeting/register/tJwkde2urT8pG9mRM1tTSBKMKk
  - MFSC has partnered with the FSO and Minding Your Mind to bring to you this special presentation for teens in recognition of Suicide Prevention month.

- **Wednesday, September 30th, 2020 at 6:00pm**
  - MEN’S CLUB WITH CCYC on Zoom:
  - https://zoom.us/meeting/register/tJwqduprzgpG9mRM1tTSBKMKk
  - Calling all men and positive male role models! This unique club is for you. Get to know other great individuals and share life experiences with one another. Club facilitated by CCYC.

**HOME & AUTO SERIES**

- **Thursday, September 3rd, 2020 at 4pm**
  - BICYCLE AND PEDESTRIAN SAFETY PRESENTATION on Zoom:
  - https://zoom.us/meeting/register/tJUrft-ytpj8GdZSzqJvUpG9mRM1tTSBKMKk
  - MFSC has partnered with RWJUH for this back to school presentation that will provide safety tips for children while walking or riding their bike to school.

- **Wednesday, September 16th, 2020 at 1pm**
  - CAR MAINTENANCE on MFSC Social Media.
  - Zoom:
  - https://zoom.us/meeting/register/tJUrf-pzgpG9mRM1tTSBKMKk
  - Join us for this informational video on how to fix different parts of your car.

- **Sunday, September 20th, 2020 at 1pm**
  - FLOATING TABLES EXPO on MFSC Social Media.
  - Zoom:
  - https://zoom.us/meeting/register/tJwqduprzgpG9mRM1tTSBKMKk
  - Join us for this fun and educational video demonstration on how to build this unique table for your home.

**Health & Wellness**

- **Tuesday, September 8th, 2020 at 4pm**
  - COPING WITH STRESS FOR KIDS on Zoom:
  - https://zoom.us/meeting/register/tJYqde2hpzssE9QDD
  - MFSC has partnered with Wellspring Center for Prevention to provide this presentation on mindfulness and coping skills that are great for all kids when they get stressed.

- **Thursday, September 10th, 2020 3pm–5pm**
  - WELLNESS CHECK-IN on Zoom:
  - https://zoom.us/meeting/register/tJwqduprzgpG9mRM1tTSBKMKk
  - This is your chance to call us to talk about anything you would like. Whether you need to be connected to resources or just want someone to vent to, we are here for you!

- **Saturday, September 12th, 2020 at 2pm**
  - VIRTUAL ZUMBA on MFSC Social Media.
  - Join us for this fun video that will get your entire family moving!

- **Wednesday, September 23rd, 2020 at 1pm**
  - VEGETABLE BURGER CREATIONS on MFSC Social Media.
  - Join us for this fun and educational video on how to make delicious and healthy veggie burgers!

**PARENT ADVISORY BOARD:**
- **September 14, 2020 at 4pm**
  - This meeting will take place on Zoom so that families can participate from anywhere. Please register for this event at https://zoom.us/meeting/register/tJ0pc-CPpsoGN2k5Q88B17AjW7SwmFTHZt
  - For more information about the meeting or becoming a board member please contact MFSC at 732-387-1220.

All are welcome to participate in our free programming!

For more information or to register for an activity please call the Mobile Family Success Center (MFSC) at: (732) 387-1220 or email us at MFSCmiddlesex@ccdom.org.
SEPTEMBER 1, 2020
11AM
MFSC SOCIAL MEDIA

CENSUS STORYTIME

Learn just how important you are with this fun story that all ages will enjoy! Census book read by court staff!

https://www.instagram.com/mfscmiddlesex
https://twitter.com/MFSCMiddlesex
https://www.facebook.com/MFSCMiddlesex/
IN COLLABORATION WITH NJPRAC, EDISON MUNICIPAL ALLIANCE AND EDISON FARMER’S MARKET:

TOILETRY BAGS

SEPT. 2ND & SEPT. 9TH
FROM 4PM – 6PM
AT EDISON’S FARMER MARKET
925 AMBOY AVE. EDISON, NJ

Census 2020 is coming to an end this September 30th and Mobile Family Success Center wants to remind you how important is to fill it out the census. We will be providing toiletry bags for the first 40 families that are in need of a face mask, small hand sanitizer and basic household supplies. All toiletry bags will also have community resources along with MFSC September calendar.

EDISON FARMERS MARKET

Come and take a picture with our Census Banner and hashtag us using #mfscmiddlesex to receive a free $5 dollar Census Market Buck to get fresh fruits and vegetables!

***For questions or to register, call 732-387-1220 or email: mfscmiddlesex@ccdom.org***

BACK TO SCHOOL SAFELY

Robert Wood Johnson University Hospital

Thursday, September 3rd at 4 PM
Via Zoom:

https://zoom.us/meeting/register/tJUrf-ytpj8jGdZSqzIjgG9mRM1tTSBKMKk

Join us for this back to school presentation that will provide safety tips for children while walking or riding their bike to school. Presentation by Robert Wood Johnson.

***For questions or to register, call 732-387-1220 or email: mfscmiddlesex@ccdom.org***

CANVAS PAINTING AT HOME

SEPTEMBER 4TH, 2020
10AM

Join us as our volunteer artist Carla leads us in a fun painting activity that you can do at home! Pre-registration is required in order to receive painting materials.

On Zoom: https://zoom.us/meeting/register/tJwqdu2rpzgpGNyaTHSyuYiBlafn5PWBZq2d

Coping with Stress For Kids

September 8th, 2020
4pm on Zoom:
https://zoom.us/meeting/register/tJYqde2hpzssE9QDDKnwUvkfbBxJ-iOOGAP_

Join us for a relaxing hour of Mindfulness and coping skills presentation lead by Wellspring Center for Prevention.

Wellness Check-In

How are you doing during the current COVID-19 Pandemic? Are you tired of being home? Overwhelmed? Lonely? Or just want to talk? WE ARE HERE FOR YOU!

Please see the below dates, times and phone numbers to call!

Thursday, September 10th, 2020 (3pm- 5pm)

Please Call Rosmery at:(908)319-8251
In collaboration with Middlesex County Vicinage

BATMAN TRIVIA

SEPTEMBER 11, 2020
8PM ON KAHOOT

JOIN US ON ZOOM FOR A FUN KAHOOT TRIVIA GAME ON BATMAN! TEST YOUR KNOWLEDGE AND TRY TO WIN A GIFT CARD!

Zoom Link:
https://zoom.us/meeting/register/tJUkc--qqz8iGtLzKLaXtVKI5gbDMoDJGwav

Virtual Zumba!

September 12, 2020
2pm

Join us for a fun zumba class on MFSC Social Media. This is a great way to keep the entire family active and having fun!

https://www.instagram.com/mfscmiddlesex
https://twitter.com/MFSCMiddlesex
https://www.facebook.com/MFSCMiddlesex/
Parent Advisory Board

Seeking new opportunities to give back to your community? Become a Parent Leader by joining Mobile Family Success Center's Parent Advisory Board (PAB). Let us know what activities & events you would like to see in your community.

Logon to Zoom to discuss upcoming events!

Monday, September 14th, 2020 at 4pm
Join us on Zoom for this Virtual Meeting. ALL ARE WELCOME!
Please Register to be part of this Meeting at:
https://zoom.us/meeting/register/tJUpe-CtpjsoGN2k50Q8SBJ7AjW7SnnFtHZF
DIY CAR MAINTENANCE

WEDNESDAY, SEPTEMBER 16TH
AT 1 PM
MFSC SOCIAL MEDIA
*** ONLY IN SPANISH

Join us for this informational video in Spanish on how to fix different parts of your car.
TEEN TALK
SUICIDE PREVENTION: USING ART AS A COPING SKILL

September 17th from 3PM - 4PM

Via Zoom: https://zoom.us/meeting/register/tJWkDex-vHiqGNYtMaXgywT0iWVcoYS10D1v

The Mobile Family Success Center has partnered with the Family Support Organization and Minding Your Mind to bring you a special presentation for Suicide Prevention Awareness Month! Join us to learn about various coping skills that you can use when you are feeling down.

FLOATING TABLE EXPO

Join us to create an awesome floating table that you can use in any room of your house.

September 20th, 2020
1pm
MFSC Social Media

MFSC TALENT SHOW

September 22nd, 2020
6:30pm

Join us on Zoom:
https://zoom.us/meeting/register/tJ0pc-urqjwqGdfCVAnBvuqjKtt6Ndrt4LCq

Show your true talent to the world for our first virtual MFSC Talent Show!!

Veggie Burger Creations

September 23rd, 2020
1pm on MFSC Social Media

Join us to learn how to make delicious and healthy veggie burgers that the whole family will love!

"Meat or Veggie, All Burgers are BEAUTIFUL"

September 30th at 6:00 pm
Register on ZOOM @
https://zoom.us/meeting/register/tJAAodu2urzoqEtYklV4EJzoj4W7B1_RTzkld

MEN'S CLUB
With CCYC

Sometimes you just need to speak to people who understand! This group is for any and all men to talk, laugh and learn together.